



EYFS: Safeguarding and Welfare Requirements
3.58

Safety and Suitability of Premises, Environment and Equipment

3h.6 Sun Protection

Policy Statement

To ensure that children benefit from being outdoors, both for health and educational reasons, Auden Place Community Nursery aims for each child to spend a minimum of one hour each day outdoors, either in the nursery's own outdoor space or on an outing.

At Auden Place the safety of the children is paramount and additional precautions will need to be taken during hot weather.

Procedures

- We provide suncream at the nursery. We always use factor 50 and used a recognised brand e.g. Nivea.
- On joining the nursery, we request parents to give permission for staff to be able to apply suncream on the children.
- Parents who would rather not use our suncream can opt out of signing the permission form but then **MUST** provide a suncream of their own so that the children can engage in our activities.
- We provide hats for all children as needed and/or requested.
- Before any trip to the nursery gardens or outside nursery boundaries, suncream is applied and children are given hats to wear.
- The time spent outside on hot days may be shorter and more frequent to reduce the time of exposure to the sun.
- During peak hot times, between 11am and 3pm, time spent outside is a maximum of 20 minutes at a time (10 minutes for the under 2s), with a minimum of one hour between times.*
- Extra water is taken on trips in hotter weather.
- We encourage the children to put the suncream on themselves so they learn about why we wear suncream and sun awareness. Staff help the children in a group, making sure that all staff are witnessed when making close physical contact with children.
- We only put suncream on to exposed skin.
- We also provide sunhats so that any children without their own hat are able to go out.
- We have a canopy on our roof garden that helps to protect the children from overexposure to the sun.

* These rules do not apply to a set temperature, but are discussed with management as needed due to other conditions e.g. clouding over etc.

Sunburn/Sunstroke

- Staff are vigilant in following all the above procedures to prevent any child from getting sunburn or sunstroke.



- In the unlikely event of sunburn, all staff are first aid trained and would carry out emergency procedures and seek medical advice. Parents would be contacted immediately.
- In the highly unlikely event of sunstroke, children would be cooled down and given lots of fluids and again medical advice would be sought. Parents would be contacted immediately.

Parents Who Refuse Suncream

In the unusual situation where a parent refuses to give permission to apply nursery suncream and does not supply their own, we will explain the importance of outdoor play and how we need to protect the child from sunburn and sunstroke.

Staff will liaise with management on how to proceed with this situation. An option could be to change the child into spare clothes to ensure they are covered up enough to be able to join outings for a short period of time.