

Auden Place Community Nursery
Menu – Week 1

Monday (Meals are served with water, snack is served with milk)	<u>Breakfast</u> Rice Krispies Muffins Raisins	<u>Allergens</u> Milk, Wheat	<u>Lunch</u> Tuna fried rice	<u>Dessert</u> Chocolate and beetroot cake	<u>Allergens</u> Milk, Wheat	<u>Tea</u> Fish fingers and wedges	<u>Dessert</u> Pears and custard	<u>Allergens</u> Milk, Wheat	<u>Snack</u> Cracker-bread and cheese	<u>Allergens</u> Milk
Tuesday (Meals are served with water, snack is served with milk)	<u>Breakfast</u> Cornflakes Bagels Apples	<u>Allergens</u> Milk, Wheat	<u>Lunch</u> Chicken and sweetcorn pie with mash and peas	<u>Dessert</u> Melon slices	<u>Allergens</u> Milk, Egg, Fish, Wheat	<u>Tea</u> Cream cheese and cucumber wraps with houmous and carrot sticks	<u>Dessert</u> Bananas	<u>Allergens</u> Milk, Wheat	<u>Snack</u> Raspberries with Greek yogurt	<u>Allergens</u> Milk
Wednesday (Meals are served with water, snack is served with milk)	<u>Breakfast</u> Weetabix Crumpets Grapes	<u>Allergens</u> Milk, Wheat	<u>Lunch</u> Vegetable tagine with couscous	<u>Dessert</u> Fruit salad	<u>Allergens</u> Milk, Wheat	<u>Tea</u> Tuscan bean soup with bread and butter	<u>Dessert</u> Fromage Frais	<u>Allergens</u> Milk, Wheat	<u>Snack</u> Bagels and cream cheese	<u>Allergens</u> Milk, Wheat
Thursday (Meals are served with water, snack is served with milk)	<u>Breakfast</u> Oatibix Toast Mango	<u>Allergens</u> Milk, Wheat	<u>Lunch</u> Meatloaf with farfalle	<u>Dessert</u> Pineapple	<u>Allergens</u> Soya, Wheat	<u>Tea</u> Jacket potato wedges with mackerel mayo	<u>Dessert</u> Satsumas	<u>Allergens</u> Milk, Egg, Wheat, Fish	<u>Snack</u> Cheesy dip with pitta	<u>Allergens</u> Sesame, Wheat
Friday (Meals are served with water, snack is served with milk)	<u>Breakfast</u> Shredded Wheat Pancakes Dried cherries	<u>Allergens</u> Milk, Wheat	<u>Lunch</u> Fish pie with sweetcorn and green beans	<u>Dessert</u> Fruit sorbet	<u>Allergens</u> Fish, Milk	<u>Tea</u> Baked beans on toast with cheese	<u>Dessert</u> Greek Yogurt & blueberries	<u>Allergens</u> Wheat, Milk	<u>Snack</u> Edam cheese and crackers	<u>Allergens</u> Milk, Wheat

Auden Place Community Nursery
Menu – Week 2

Monday (Meals are served with water, snack is served with milk)	<u>Breakfast</u> Rice Krispies Bagels Pineapple chunks	<u>Allergens</u> Milk, Wheat	<u>Lunch</u> Vegetable chilli and rice with nachos and sour cream	<u>Dessert</u> Melon slices	<u>Allergens</u> Milk	<u>Tea</u> Sardine pate on toast	<u>Dessert</u> Greek yogurt and blueberries	<u>Allergens</u> Fish, Wheat	<u>Snack</u> Cheddar cheese & crackers	<u>Allergens</u> Milk, Wheat
Tuesday (Meals are served with water, snack is served with milk)	<u>Breakfast</u> Shreddies Toast Grapes	<u>Allergens</u> Milk, Wheat	<u>Lunch</u> Baked cod or Quorn hotpot with green beans & carrots	<u>Dessert</u> Fruit sorbet	<u>Allergens</u> Fish, Milk	<u>Tea</u> Cheese and salad wraps	<u>Dessert</u> Satsumas	<u>Allergens</u> Milk, Wheat	<u>Snack</u> Rice cakes & cream cheese	<u>Allergens</u> Milk
Wednesday (Meals are served with water, snack is served with milk)	<u>Breakfast</u> Homemade muesli Pancakes Dried mango	<u>Allergens</u> Milk, Wheat	<u>Lunch</u> Vegetarian sausage & mash with peas	<u>Dessert</u> Carrot and courgette cake	<u>Allergens</u> Milk, Egg	<u>Tea</u> Minestrone soup with bread and butter	<u>Dessert</u> Fruit platter	<u>Allergens</u> Milk, Wheat	<u>Snack</u> Greek yogurt & blueberries	<u>Allergens</u> Milk, Wheat
Thursday (Meals are served with water, snack is served with milk)	<u>Breakfast</u> Weetabix Muffins Bananas	<u>Allergens</u> Milk, Wheat	<u>Lunch</u> Jerk chicken or Quorn with rice and homemade rainbow coleslaw	<u>Dessert</u> Strawberries and mango	<u>Allergens</u> Milk, Eggs	<u>Tea</u> Cheese & tomato thins with houmous and cucumber sticks	<u>Dessert</u> Pineapple chunks	<u>Allergens</u> Milk, Sesame	<u>Snack</u> Corn cakes with onion dip	<u>Allergens</u> Milk
Friday (Meals are served with water, snack is served with milk)	<u>Breakfast</u> Cornflakes Crumpets Apple	<u>Allergens</u> Milk, Wheat	<u>Lunch</u> Salmon macaroni cheese with sweetcorn & cauliflower	<u>Dessert</u> Peaches and custard	<u>Allergens</u> Milk, Fish	<u>Tea</u> Potato wedges with fish fingers	<u>Dessert</u> Natural yogurt & peaches	<u>Allergens</u> Fish, Milk, Egg	<u>Snack</u> Pitta slices and cheese dip	<u>Allergens</u> Milk, Wheat

Auden Place Community Nursery
Menu – Week 3

Monday (Meals are served with water, snack is served with milk)	<u>Breakfast</u> Rice Krispies Muffins Grapes	<u>Allergens</u> Milk, Wheat	<u>Lunch</u> Spinach and ricotta lasagne with garlic bread	<u>Dessert</u> Mango fool with meringue	<u>Allergens</u> Milk, Wheat, Egg	<u>Tea</u> Flatbreads with egg mayo and cucumber sticks	<u>Dessert</u> Fruit platter	<u>Allergens</u> Wheat, Egg	<u>Snack</u> Rice cakes and cheesy dip	<u>Allergens</u> Milk
Tuesday (Meals are served with water, snack is served with milk)	<u>Breakfast</u> Weetabix Bagels Banana	<u>Allergens</u> Milk, Wheat	<u>Lunch</u> Chicken strips with potato wedges and mixed veg	<u>Dessert</u> Fruit sorbet	<u>Allergens</u> Milk, Wheat	<u>Tea</u> Homemade tuna and vegetable pizza	<u>Dessert</u> Natural yogurt with apricot puree	<u>Allergens</u> Wheat, Fish, Milk	<u>Snack</u> Breadsticks with houmous	<u>Allergens</u> Milk, Wheat
Wednesday (Meals are served with water, snack is served with milk)	<u>Breakfast</u> Cornflakes Pancakes Dried cranberries	<u>Allergens</u> Milk, Wheat	<u>Lunch</u> Haddock fishcakes with broccoli and carrots	<u>Dessert</u> Bananas and strawberries	<u>Allergens</u> Fish, Egg, Wheat, Milk	<u>Tea</u> Veg pasta bake	<u>Dessert</u> Satsumas	<u>Allergens</u> Milk, Egg, Wheat	<u>Snack</u> Crackers and gouda sticks	<u>Allergens</u> Milk, Wheat
Thursday (Meals are served with water, snack is served with milk)	<u>Breakfast</u> Shreddies Toast Apricot halves	<u>Allergens</u> Milk, Wheat	<u>Lunch</u> Vegetable curry and rice with tsatziki and naan	<u>Dessert</u> Pear and plum crumble	<u>Allergens</u> Milk	<u>Tea</u> Butternut squash Soup with buttered rolls	<u>Dessert</u> Pineapple flapjacks	<u>Allergens</u> Milk, Wheat	<u>Snack</u> Oatcakes and onion dip	<u>Allergens</u> Milk
Friday (Meals are served with water, snack is served with milk)	<u>Breakfast</u> Homemade muesli Toast Orange slices	<u>Allergens</u> Milk, Wheat	<u>Lunch</u> Beef and broccoli stir fry with noodles	<u>Dessert</u> Rice pudding with fruit puree	<u>Allergens</u> Milk, Wheat	<u>Tea</u> Chickpea stew with couscous	<u>Dessert</u> Natural yogurt with mango	<u>Allergens</u> Milk, Wheat	<u>Snack</u> Bagels and cream cheese	<u>Allergens</u> Milk, Wheat

